The Association for Sandplay Therapy

Loving Kindness, Clarity & Humility in the Practice of Sandplay



The International Sandplay Congress 2024!!! Hippo Lakes, South Africa

The Quest for Meaning through Sandplay: What Does the Experience of Sandplay Mean to You?

The Association for Sandplay Therapy is delighted to hold its first Sandplay Congress in five years in September 2024 in South Africa, at the luxury safari resort of Hippo Lakes!

This is an opportunity for you to immerse yourself in the spirit of Sandplay in Africa and honour the beauty of this therapy, whilst having **the experience of a lifetime!** Come to South Africa to connect with fellow Sandplay Therapists, taste the incredible African cuisine and listen to the sounds of the African night under a canopy of stars, breathtakingly visible in the Southern hemisphere.

The conference will begin on the evening of Sunday 1st September 2024 and finish on Sunday 8th September 2024.

What to expect:

- Luxury 4* ensuite room with air-conditioning (two people sharing)
- Breakfast, lunch & dinner all included (buffet style)
- All coffee, tea, juice, water included (alcohol and soda own bill)
- Conference discussions and presentations
- Game drives around the reserve (over 30 different animal species)
- 1x "Big 5" excursion to see lions, elephants, rhinos, buffalos & leopards

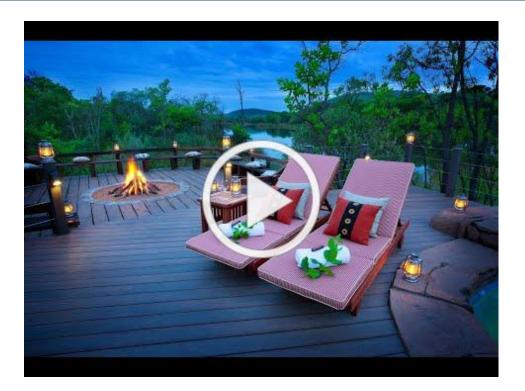
• A memorable Braai (BBQ) eaten under canvas

Cost: Costs have not been confirmed yet, but will be in the region of \$1750 / £1400 per person - more details to follow...!!!! (Price does not include flights or any overnight accommodation / taxis needed in Johannesburg.)

There is also the option to upgrade to 5* luxury lakeside tents at the end of the conference – Friday & Saturday evenings only for an extra cost.

Please join and share the AST Sandplay Congress Facebook Group for more information. An Event will be set up and we would be very grateful if you could please indicate if you are <u>Interested</u>, <u>Going</u> or <u>Not Going</u>. This will help give us an idea of numbers. In the meantime, please complete the poll below.

Image above: Hippo Lakes, South Africa.



Are you interested in attending the International Sandplay Congress 2024 in South Africa?

Yes

No

About Hippo Lakes

Hippo Lakes brings you the ultimate luxury African Safari experience. Situated in the spectacular Waterberg region, the lodge is uniquely nestled along the edge of a lake bank at the end of a long rugged ravine. The lodge offers you a unique safari wildlife encounter with an unusually large number of animals, birds and plant life. Hippo Lakes lies within the malaria free UNESCO World Nature Site. Over 30 animal species roam the area including hippo, buffalo, wildebeest, leopard, giraffe, kudu, sable, eland, nyala, hyaena and wild dog. You also have the option to go on "Big 5" excursions to encounter lion, elephant and rhinos.

The greater Waterberg region is reported to have more rhino than all of Kenya and Hippo Lakes proudly support anti-poaching initiatives to keep this magnificent species viable.

"The Waterberg is South Africa's Eden. Tucked away in Limpopo province, the pristine, rugged and ancient Waterberg region has soaring mountain peaks, antediluvian rock formations, expansive savannah plains, dense riparian forests and plunging river valleys. Here iconic animals tend to outnumber its human counterparts." -CNN Travel

Safety is key and rest assured, Hippo Lakes take great care in both the game drives and accommodations to keep you out of danger from the animals.

Find out more about Hippo Lakes here: https://hippolakes.co.za/



Training Opportunities

Eunice Stagg, President AST, STR-CT - UK Training

New Sandplay Training Dates for 2024:

- February 26th 2024
- May 13th 2024
- July 8th 2024
- September 23rd 2024

For further information please contact: e.stagg@btinternet.com

Nataly Valyraki, STR-CT - European Training in Greece

Sandplay Therapy Training from January 2024 - for the 1st time in Greece and in the Greek language!

Earn your Sandplay Therapist title with certification from the Association for Sandplay Therapy.

Hybrid Education Model: Online Webinars & In-Person.

For further information, please see: https://www.sandplay.gr

Celia van Wyk, PhD, STR-CT - South Africa Training

New Sandplay Training Dates for 2024:

- 18 October 2023 23 October 2024 (Wednesdays)
- 22 January 2024 31 March 2025 (Mondays)
- 27 January 2024 29 March 2025 (Saturdays)

For further information please contact: celia@sandplay.co.za / training@sandplay.co.za

Barbara A. Turner, PhD, STR-CT, RPT-S

Sandplay Online Webinar Training

Webinar-based Sandplay training continues with the addition of our second group. This is a wonderful way of learning and connecting with our international colleagues. Part of Dr. Turner's PhD program was in creating online transformative learning platforms. In this she specialized in Sandplay therapy.

<u>If you are interested in joining a training group, you may contact Barbara:</u> <u>DrBarb@BarbaraTurner.org</u>

Individual and Group Consultations

A reminder that if you would like **Individual Consultation** from a Registered Sandplay Therapist-Consultant (STR-C) or Registered Sandplay Therapist-Consultant Teacher (STR-CT), the following members of the AST are available to support you. Please click on the name and it should take you direct to their email or website.

Alison Howe STR-C

Brendan Harding STR-C

Rose Harriet STR-CT

Daniella Marinescu STR-CT

Rachel McGovern STR-CT

Eunice Stagg STR-CT

Lynne Souter-Anderson STR-C

Jamie Straessler STR-C

Barbara A. Turner, PhD STR-CT

Natalia Valyraki STR-C

Celia van Wyk STR-CT

Additionally, AST Board Members Rachel McGovern (UK) and Nataly Valyraki (Greece) hold separate **Group Consultations** online. Nataly's **Group Consultations** for this year take place once a month. They last 2 hours and continue until June 2024 (10 sessions, 20 group

consultation hours):

GROUP 1: 3rd Wednesday of each month 15.00-17.00 UK time GROUP 2: 4th Tuesday of each month 16.00-18.00 UK time

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Please consider contributing your musing or experiences to the newsletter. We love hearing from our members across the globe. Send your submission to: info@sandplayassociation.com

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